6 steps to bring happiness

Find: Find an average-size shoebox. Decide who to fill it for; a child, a teenager, a man or a woman.

Wrap: your box and lid separately so that the lid can be removed without tearing the paper.

Pack: Gather the items, remove all plastic and cardboard packaging and pack into the box. Please choose items that will last rather than those with a short life and can't be recycled.

Check: On the checklist, tick the items you have put in your shoebox and note any that are not on the list.

Donate: Secure the ticked checklist to the outside of the shoebox lid using sticky tape. Detach the donation envelope as instructed and place with your donation inside your box.

Deliver: Secure the lid with rubber bands. (Custom regulations require Blythswood Care to check the contents of your box.)

Deliver your box to your local collection point.

For Christmas delivery your shoebox should be at your church, school or other collection point during the last week of October/ beginning of November



Please tick items included and firmly secure this list on your shoebox lid.

ESSENTIAL ITEMS (ALL ITEMS MUST BE NEW): Include the following items highlighted in the top box.

Toothbrush and Toothpaste

Hat, scarf, gloves

Soap

the

Underwear/ Socks/Tights Small Toy for boys and girls such as cars, dolls, balls. Please only include new shop-bought toys.

Sweets (No chocolate or any other food) 'Best before' date no earlier than 31 March next year. No loose sweets, Iollies or undated bags of sweets.

Do not include used or damaged items; war related items such as toy guns or knives or military figures; hand-made or knitted stuffed toys; chocolate or any food other than sweets. Chocolate Eclairs and Chocolate Limes are not allowed; books that are mainly words should also not be included.

Toiletries (NO TALCUM POWDER)	Screwdrivers/Pliers		
Shampoo	Kitchen Utensils		
Soap/Shower gel	Stationery		
Face cloth/ Moist wipes	Pens/Pencils/Sharpener		
Deodorant	Notepads/Colouring books		
Moisturising Cream	Rulers/Rubbers		
Comb/Brush	Clothes and other Items		
Sanitary Products			
Shaving foam/Razors	(T-shirts/Pyjamas/Jumpers/ Shirts) etc		
Miscellaneous			
New Make-up			

Checklist

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Deodorant Moisturising Cream Comb/Brush Sanitary Products Shaving foam/Razors	Pens/Pencils/Sharpener Notepads/Colouring bool Rulers/Rubbers Clothes and other Items (T-shirts/Pyjamas/Jumpers/ Shirts) etc
Miscellaneous New Make-up Sewing Equipment Household Candles	

Please tick the box next to who the box is for Please specify the age of the girl or boy you have filled this box for:

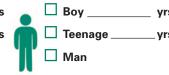
<u>_</u> _ [Girl	yr:
ĂГ	Teenage	vr

Elderly woman

Sewing Equipment

Household Candles

☑ Teenage _____yr ☑ Woman



Please tick the box next to who the box is for Please specify the age of the girl or boy you have filled this box for:

Girl yrs	☐ Boy yrs
Teenageyrs	☐ Teenageyrs
☐ Woman	☐ Man

Elderly woman